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RAC November 2023 Monthly Report

RAC had 1,666 member check-ins for the month of November compared to 1,592 this time last year. 374 day passes and 80+ memberships were purchased.

Two water aerobics classes were offered (deep water and shallow water). These classes historically are at full capacity with 28-30 attendees. Tina Chronister, long-time instructor, recruited and began mentoring a new aerobics instructor, Jeana Anderson. This recruitment could facilitate the addition of new class offerings in the future.

Five swim teams with approximately 60 swimmers and divers continue to log 18+ hours a week in the pool. These teams include: The Special Olympics of Arkansas Area 17, Russellville Cyclone Swim and Dive, Pottsville Apaches, Boys and Girls Club Sharks, and the Central Arkansas Swim Club Racers.

The RHS Cyclones hosted their season kick off meet on November 2nd. 160 swimmers from 10 teams from 1A to 6A divisions participated. Countless spectators and fans were present. The Cyclones men's team placed 3rd overall and 2nd in their division, the Cyclones women's team placed 4th overall and 1st in their division, and the Pottsville women's team placed 8th overall. The Cyclones and Apaches are off to a great start and the RAC staff can't wait to see how they fair on December 15th! Fun fact: part-time lifeguard Gary Knudsen started his 27th season as a volunteer swim coach. Gary has been a lifelong advocate of swimming and aquatics and a key player in bringing the Aquatic Center to life.

Good times were to be had at RAC this month with 19 party rentals happening. Not a weekend goes by without some group celebrating.

During the November staff meeting our lifeguards reviewed and practiced their CPR and AED lifesaving skills with the help of Zoe Keen and Rachel Villines.

Glen Masker with The Scuba School and our Try Scuba classes hosted a deep water rescue certification renewal class for firefighters. One of Glen's passions is his non-profit Scubility. Scubility is the ability to Scuba dive with a disability. This organization serves anyone with PTSD and/or physical challenges especially Veterans, Law Enforcement, Fire Fighters, Medical and EMS personnel. This service is free of charge. You can find out more at watertherapy.us. Help spread the word about this valuable service.

RAC looks forward to our upcoming events in December: Dive-In Movie night (12/8), Swim Meet (12/15), River Valley Food 4 Kids cereal drive culmination, and of course Christmas.